



**QENDRA SHQIPETARE PËR PSIKOTERAPI POZITIVE  
ALBANIAN CENTRE FOR POSITIVE PSYCHOTHERAPY**

Adresa: Kodra e Diellit, Prishtinë, KOSOVË  
Tel.Fax. + 377 44 113 376, + 381 38 530 000  
Email: [kosovacpp@yahoo.com](mailto:kosovacpp@yahoo.com)  
Web: <http://www.kosovapositive.com>

**REPORT FROM TRAINING SEMINAR IN ALBANIA  
FOURTH MODULE OF BASIC COURSE  
Tirana, 05-07 February, 2010**

**FIRST GROUP OF PARTICIPANTS WITH FINISHED BASIC COURSE**

On June 2009, it was start with group of enthusiastic students of psychologists and social sciences on training seminar in Positive Psychotherapy. With initiation of Enver Cesko, representative from KCPP and organization from Mirela Sula representative from ACPP, has been finished first group of students their basic course on PP.

Last days, exactly from 05 till 07<sup>th</sup> of February 2010 it was held the fourth module of PP. It was three days starting on Friday from 12 – 18 pm continue with Saturday from 9-18 pm and ending on Sunday from 9-13 pm. The theme of this module was Positive Family Psychotherapy.

Number of participants who got the certificates was 30. These candidates got the Certificate of Attendance with 25 hours of theoretical and group work. As all these participants end the training seminar course according to the standards criteria of WAPP, and not finished their additional homeworks, it was decided to postpone receiving the certificates of basic consultant of PP till fulfilling the complete standard criteria's.

In discussion with participants in seminar and having in consideration the plan activities of Albanian Centre of Positive Psychotherapy(ACPP), we all agreed that for this statement it is good to organize the ceremony of awarding the certificates of ending the basic course in PP. In this occasion ACPP has plan to promote the registration of their Center, promoting the new magazine with name “**Psikostil**” and promotion of book “**Psychovampire**” from Hamid Peseschkian. It was decided that this has to be on June 11<sup>th</sup> 2010, when will be also one year of starting with training seminar on PP in Albania.

After the each days of seminar it was organized intervision group for students about their homework's.

During the seminar it was two case study works as practical model with participants about the conflicts and dealing with conflicts. Also they had opportunity to play double role.

Motivation of participants was in very good level which was shown in their impressions of feedback. We all together decide that now Positive Psychotherapy is becoming very familiar and useful because of trans-cultural aspect of knowledge.

Assessment of training seminar was showed that all participants were very much satisfied especially after showing the demonstration of case study done with one of the participants.

In this report it is good chance to inform that first number of new magazine “**Psikostil**” has published one case study from training seminar and one article translated from book “Psychovampire”, and some interesting information about the activities of ACPP and training seminars on PP.

The report is following with some nice photos from seminar and magazine.

**Tirana, 08 February 2010**

**Mr. Sci. Enver Cesko  
Mr. Sci. Mirela Sula-Strugaj**

