



**World Association for Positive Psychotherapy (WAPP)**

**International Academy of Positive and Transcultural Psychotherapy (IAPP)**

**European Federation of the Centers of Positive Psychotherapy (EFCPP)**

**German Association for Positive and Transcultural Psychotherapy (DGPP)**

**Wiesbaden Academy of Psychotherapy (WIAP)**

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***First Announcement***

(as of March 2009)

***10th International Training Seminar of Positive Psychotherapy***

***17 – 20 September 2009 in Riga, Latvia***

Dear Colleagues and Friends of the world of Positive Psychotherapy,

it is our great pleasure to invite you to join the 10th International Training Seminar of Positive Psychotherapy which has the mission to promote the cooperation and exchange of ideas among the colleagues from so many countries and encourage them to support projects and international scientific studies on Positive Psychotherapy.

The recent years have witnessed progress, changes and challenges in the field of Psychotherapy, which constantly needs new concepts and attitudes related to mental health. The availability of a new generation of Positive Psychotherapy Trainers in different regions, and the treatments based upon Positive Psychotherapy concepts, are opening new avenues within this field.

In 2009 again colleagues from different countries, Positive Psychotherapists, colleagues representing other Schools of Psychotherapy and students in Positive Psychotherapy - will meet for the International Training Seminar of Positive and Transcultural Psychotherapy in Riga, Latvia.

You will have the chance to meet the main trainers of Positive Psychotherapy. The scientific program will cover newest concepts of the training experiences of our international training team.

The International Training Seminar will highlight Supervision, Self-experience and the actual development of Positive Psychotherapy. The Training Program shall offer some joint sessions.

The parallel program of scientific activities will include workshops and lectures. Specialists from different domains will participate the Training and we are expecting colleagues from many different countries. We are planning to invite some leaders of psychotherapy from Germany, to share their experiences as guest-lecturers.

The location of the 10<sup>th</sup> International Training Seminar, Riga, is a wonderful and historic city and the meeting is all about what you choose to make it.



Of course there will be special meetings of all the Centers of Positive Psychotherapy, the European Federation of the Centers of Positive Psychotherapy as well as further consultations about the various developments in different countries.

Besides seminars and lectures, we are planning an interesting cultural and social program for you.

We encourage you to start booking now, please note down the date in your schedule and begin to prepare your abstract.

We look forward to welcoming you in Riga, Latvia in September 2009 and to joining us in celebrating this 10<sup>th</sup> ITS as an exceptional meeting in the Baltic states.

The WAPP organizing committee and the local organizers are keen to develop an excellent scientific program for the International Training Seminar.

If you have any questions please don't hesitate to contact us.

We look forward to welcoming you to Latvia!

On behalf of the Organizing Committee

Prof. Dr. Nossrat Peseschkian  
President, World Association for Positive Psychotherapy (WAPP)

Dr. Alla Makarenko  
Chair of the Local Organizing Committee



### *Impressions of the past International Training Seminars*



### **A short history of the International Training Seminars**

- 2000 in Büdingen, Germany
- 2001 in Wiesbaden, Germany
- 2002 in Vienna, Austria
- 2003 in Varna, Bulgaria
- 2004 in Odessa, Ukraine
- 2005 in Felix Spa, Romania
- 2006 in Wiesbaden, Germany
- 2007 in Famagusta, Cyprus
- 2008 in Wiesbaden, Germany
- 2009 in Riga, Latvia

Please follow the information below:

**Seminar and accommodation:** The Location for the International Training Seminar in Riga is the 4\*\*\*\* Hotel Riga, directly in Riga. The prices are between 55 Euro (single room) and 93 Euro (triple room). The prices include breakfast. Please register as soon as possible – latest till 15 August 2009 - so that we can plan with the number of participants. Hotel Address: 22, Aspazijas Boulevard, Riga, LV-1050, Latvia, Tel: +371 67044222, Fax: +371 67044223, email: info@hotelriga.lv, www.hotelriga.lv

For registration you have to book online under www.hotelriga.lv --> online booking --> service requests, leave comments (here you have to add your personal data and the password "PPT, 10th Training Seminar" so the reservation department can assign the bookings correctly.

#### **Passport and visa:**

A valid passport for visiting Latvia is required. Countries which need visa, please contact the Hotel Riga till 31 May 2009 under inesa@hotelriga.lv (Mrs. Inesa Chepulonok speaks English)

**Registration fee:** 170,- Euro for trainers and psychotherapists; 120,- Euro for students. (The fee includes the annual individual membership in WAPP).

The International Training Seminar is for trainers and experienced therapists who have finished a basic course of Positive Psychotherapy. Updates on the event will be posted on our website: [www.positum.org](http://www.positum.org).



## **Guideline for submission of abstracts for the 10<sup>th</sup> International Training Seminar 2009**

### **Presentations:**

Please send the abstract(s) of your presentation(s) only by email to [its2009@positum.org](mailto:its2009@positum.org). A Scientific Committee will group individual oral presentations in a session with other related papers. Oral presentations should not exceed 20-30 minutes, with 10 minutes allowed for discussion after each presentation. An abstract should not be longer than ½ - 1 page. Presentations should be preferably in English. If not, you have to arrange for your own translation.

Deadline for receiving the abstracts is August 15<sup>th</sup> 2009.

### **Workshops:**

Workshop proposals are very important and needed. Please send the abstract(s) of your workshop(s) only by email to [its2009@positum.org](mailto:its2009@positum.org)

The oral presentations and workshops will follow the topics below (but are not limited to):

- The role of a psychotherapist and of psychotherapy in today's global society
- Supervision
- Child and youth psychotherapy
- Family counselling
- Management of self experience in the different regional circumstances
- Scientific sessions for exchange of results, projects and development of Positive Psychotherapy theory
- Test instruments and quality assessment in psychotherapy
- Work with the books of Positive Psychotherapy
- Cooperation with other psychotherapeutic associations and colleagues
- Training of the trainers in a real setting leading seminars for the newcomers
- Post-Traumatic Stress Disorders (PTSD)
- Challenges of Ageing



## Registration for the International Training Seminar 17 – 20 September 2009 in Riga, Latvia

Please fill out below form and email back to: [its2009@positum.org](mailto:its2009@positum.org) or by fax: (+49)-611-39990

### Participation

Family name: \_\_\_\_\_

First name: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Country: \_\_\_\_\_

Arrival date: \_\_\_\_\_ Time: \_\_\_\_\_

Departure date: \_\_\_\_\_ Time: \_\_\_\_\_

### Program

I would like to hold a Presentation (45 minutes): \_\_\_YES\_\_\_NO

I would like to hold a Workshop (2x90 minutes): \_\_\_YES\_\_\_NO

**Contact address of the World Association for Positive Psychotherapy**

c/o International Academy of Positive and Transcultural Psychotherapy,

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