



AMITY UNIVERSITY

— RAJASTHAN —

INVITES

**SCIENTISTS, RESEARCHERS, PSYCHOLOGISTS,
SPIRITUAL THINKERS & ACADEMICIANS FOR AN
INTERNATIONAL CONFERENCE**

ON

**POSITIVISM:
PATH TO SUCCESS, SATISFACTION & BLISS**

6th – 8th August, 2011 • Amity University Rajasthan, Jaipur

-----Organised by-----



Amity Institute of
Behavioural & Allied Sciences

ICP:PSSB

INTERNATIONAL CONFERENCE ON
POSITIVISM: PATH TO SUCCESS,
SATISFACTION AND BLISS

August 6,7 &8,2011
Amity University Rajasthan, Jaipur

We are organizing this **INTERNATIONAL CONFERENCE ON POSITIVISM: PATH TO SUCCESS, SATISFACTION AND BLISS (ICP:PSSB)** based on our last year's (from 6th August to 8th August 2010) first International Conference on Positive Psychology in India which focused on issues of Mental Health under the dynamic and visionary leadership of Dr. Ashok K. Chauhan - the Founder President of the Amity Group of Institutions/ Universities. The deliberations in various sessions, presentations and discussions at the conference converged on promotion of a positive orientation in life which can be termed as positivism that includes attitudes, behaviours, a state of calmness and satisfaction necessary for active, productive, personal and social life as well as well-being. It also encompasses the horizons covered by Maslow's Humanistic Psychology, Seligman's Positive Psychology and Pesechian's Positive Psychotherapy. It was realized that nurturing positive mind through a movement across the globe shall bring practical, authentic and deliverable practices that would go a long way in ensuring happiness across entire humanity.

To institutionalize and provide impetus to the movement, a core team of multidisciplinary experts was constituted to further the goal of creating and sustaining positive mind, academic and outreach activities such as discussion, documentation, research projects and interventions independently as well as in cooperation with various national and international organizations and agencies.

The movement focusing on positive mind would strive to go beyond the concepts of positive psychology by incorporating Indian perspectives that attend to the multilayered reality of human beings in a wholistic manner.

This INTERNATIONAL CONFERENCE ON "POSITIVISM: PATH TO SUCCESS, SATISFACTION AND BLISS" (ICP: PSSB) will be held from **6th August to 8th August, 2011** at Amity Institute of Behavioural & Allied Sciences (AIBAS), Amity University Rajasthan (AUR), Jaipur.

Defining Positivism

Our movement of Positivism has broader perspectives in terms of humanism and positivity. August Comte coined "Positivism" to break the trend of negativism. The new positivist order, to quote some of his favourite formulae, would have- 'Love as its Principle; Order as its Basis; and Progress as its Aim'.

We focus on positivism or humanism in life, both in intent and action. The person has a preset of positivity in life for everyone with whom he interacts in his/her community or society and the entire humanity at large. In a way it is positive consciousness/ awareness of human beings about themselves and practising these values in life. Thus one has positive attitude and intrinsic motivation (flow) to orient and plan his life with a vision and mission to do the best for humanity. This would enable to achieve success, satisfaction, joy, happiness, peace, compassion, and bliss in life. Our movement of positivism intends to change the world by radiating positivity. If we walk on the path of positivism by observing, the laws of non-violence, chastity, humanity, selfless service, righteousness and spending time in our spiritual practices, then we would reach out the inner success, satisfaction and bliss.

Thus consciousness and the positive intent of the person directed through proper action are more important to self actualize the ultimate goal of life.

The three stages or levels of consciousness /mind are:

1. Pleasure (physical & materialistic);
2. Happiness (experiential) and
3. Bliss (Spiritual)

These can also be an important part of the understanding of the concept of positivism.

The concept of Extension Motivation also seems to have relevance with our Movement of Positivism. Extension motivation is an urge to help others, work for higher goals that benefit larger group or society. In other words it is an ability to sacrifice one's own comforts and desires for the sake of others. We need to have Super-ordinate Goals which are not ordinary goals but intended to serve the entire mankind at large and give us high sense of efficacy and satisfaction. If that is so, then one of the major aims of our life should be to seek super-ordinate goal. Due to these goals we derive satisfaction from feeling that we exist for a cause. Perhaps we have been brought in this world to that. As one starts good and decent work, others begin to appreciate it and follow the same path. With every good and decent deed the person gets more power, appreciation and recognition which have tremendous force. Nature earth provides enough resources and means to meet the basic needs of man but it can't serve the endless greed of human beings.

In this materialistic world, the haves and haves-not and their greed and selfishness is on the increase. Extension Motivation, Extension Values and Positivism are antidotes to such man-made evils. Uday Pareek held that in order to build institutions and nations people should be super-ordinate goal driven, less dependency driven and more achievement driven.

Essentials of Practising Positivism

- Firmly holding the values of contentment, endurance, truthfulness and righteousness and all other virtues worth living.
- Accepting the truth that there is supreme power which is omnipotent, omnipresent, and omniscient.
- Accepting that we all are equal and ensuring that the mind rises above caste, creed, religion, race, riches, poverty, weakness or power. This is essential to keep oneself safe from these root causes of discrimination and dualism.
- Modifying our attitude, behaviour, habits and lifestyles to adopt the virtues of humanism and to always remain in a balanced state at all times and in any condition of life ("Stithi - Pragya").

Importance of practicing Positivism in life

- Positivism helps us to become noble persons resulting in positive effects not only on our very existence but also on our consciousness, soul and mind. It also impacts our passions, emotions, sentiments, affection, mood, feeling, imagination, confidence, faith, etc to shape our quality/ character and principle of value based life. It is a path to become fully positive with merits and excellence resulting in humanism and eschewing negativity (i.e. uprooting all negative thoughts from the depths of the mind).
- It inspires us to eradicate selfishness, pride (i.e. an agitated form of mind) and to transform one from the restlessness to calmness.
- It prohibits all sorts of negative thinking in any moment or in any circumstance.
- Those who are equipped with the practice of positivism are self actualized persons as well as a symbol of peace.

SUM-UP

The value of practising positivism is so important that it would facilitate and make life worth living. This would prevail as the one and only universal movement of positivism/humanism that would not hurt anybody's ego. We should resolve to radiate positivism and implement it in a practical and realistic manner. To achieve our mission of bringing positivism it becomes the foremost duty to put in our best. We should be willing to sacrifice our personal egos and many man-made evils. We should collectively work to instil positivism, in the masses, so that their attitude, behaviour, thought, speech, and actions can be moulded accordingly. We all have to put sincere efforts for this genuine and noble cause that is very essential for the establishment of the movement of Positivism: Path to Success, Satisfaction and Bliss through the Wisdom of Listening and through the Power of Commitment. By the right choice and true application of thought human beings ascend to the Divine Perfection; by the wrong application of thought, he descends below the level of the beast. Between two extremes are all character, the human beings are their maker and master. We literally are what we think, our character being the complete sum of our thoughts. As the plant springs from, and could not be without the seed, so every act of human being springs from the hidden seed of thought and could not have appeared without them.

The proposed three day International Conference on Positivism would explore practical ways to achieve positivity with conceptual clarity through:

- Panel discussions,
- Symposiums,
- Plenary sessions,
- Keynote addresses,
- Research papers and audio-visual presentations

The Scope:

Specific topics of the Conference include:

A. Concept of Positivism –

- Positive Psychology & Positivism
- Positivism and Indian Heritage
- Positivism in Relation to Religion, Spirituality & Peace
- Positivism, Community Health and Quality of Life
- Positive Aging: Issues and Challenges
- Positivism & Consciousness: Philosophical Scientific and Neuropsychological View Points

B. Hierarchy of Mind

- Pleasure, Happiness & Bliss
- Concept of Manas and Mental Health
- Information ,Knowledge & Wisdom
- IQ,EQ,SQ, & GQ
- Positivists as Thinkers, Experimentalists & Instrumentalists

C. Applications of Positivism-

- Spiritualism as the Fourth Dimension of Health
- Positivism & Health Psychology- Wellbeing
- Positivism & Positive Psychotherapy
- Positivism & Youth Development

D. Positivism & Value Based Quality of Life

- Importance of values, virtues and ethics in life and ways to put them in action
 - Meaning & Purpose in life
 - Positivism & Growth Motivation in different developmental periods
 - Positivism and Extension Motivation
 - Positivism, Happiness, Harmony, Humanism, Compassion, Joy, Peace & Mission
-

Conference Patrons

Chief Patron & Chairman: Dr. Ashok Chauhan, Founder President (RBEF) Founder of Amity Institutions & Universities
Patron: Mr. Aseem Chauhan, Chancellor, AUR
Conference Chair: Prof. (Dr.) Raj Singh, Vice-Chancellor, AUR

Organizing Committee

Conference Director

Prof. S. S. Nathawat,
Director,
AIBAS, Amity University Rajasthan
+91-94-144-62176
ssnathawat@jpr.amity.edu
ssnathawat@gmail.com

AIBAS-AUR

Dr. Geetika Tankha
Assistant Professor
AIBAS, Amity University Rajasthan
+91-80-943-66777
gtankha@jpr.amity.edu

Dr. V. Vineeth Kumar
Assistant Professor
AIBAS, Amity University Rajasthan
+91-98-293-56299
vkumar@jpr.amity.edu

AIBAS-AUUP

Dr. Abha Singh,
Director, AIPS & Head,
AIBAS, Amity University Uttar Pradesh,
NOIDA
+91-94-154-10716
asingh@amity.edu

Dr. Manju Agarwal
Director, AIBAS
Amity University Uttar Pradesh,
Lucknow Campus,
+91-98-100-3418
manjua@lko.amity.edu

Coordinating Committee

Directors / HOIs-AUR

Maj. Gen (Retd.) B. N. Kaul Provost, (ABS /BHM)
Prof. Om Vir Singh (ASE) Brig. (Retd.) V. K. Pande (Registrar)
Prof. R. Dungawat (ALS) Brig. (Retd.) S. S. Ahlawat (Admin)
Prof. G. K. Aseri (AIB) Mr. Rajeev Mishra (CRC/ASENT)
Prof. Manish Verma (ASCO) Mrs. Rekha Singh (Admissions)

Advisory Committee

National

Prof. S.D. Sharma, Professor Emeritus, IHBAS, Delhi
Dr. M. Thirunavukaransu, President -Indian Psychiatric Society(IPS),Chennai
Prof. Abad Ahmad, Chairman Aga Khan Foundation
Swami(Dr.) Parthasarthy, Chairman- Ramakrishna Vivekananda International Foundation
Prof. K. Ramkrishna Rao, Chairman-Indian Council of Philosophical Research, New Delhi
Dr. Dalip Singh, IAS,New Delhi
Ms. Rainu Singh, Executive Director-DISHA, Jaipur

International

Dr. Charles Levy, Director ,Levy Center, USA
Prof. Hamid Peseschkian ,Chairman, Peseschkian Foundation, Germany
Prof.(Dr.)AJFM Kerkoff, Vrije University, Amsterdam
Prof. B.L. Lancaster, President International Transpersonal Association
Prof. Stanley Krippner, University of Saybrook, San Francisco, USA
Prof. Christian Henrichs, Germany
Dr. V.K. Kumar, University of Chester, U.K.

Important Dates

Last date for submission of abstracts: 31st May 2011.

Last date for full paper submission, provided abstract is approved: 30th June 2011.

Full Papers submitted in time (On or before 30th June) in APA Format will be published in the books of proceedings.

Last date for registration fee: 30th June 2011

The softcopy of the abstract can be emailed to ssnathawat@gmail.com/ssnathawat@jpr.amity.edu

Registration Fees

Type	Registration Fee
Individual Delegate (Indian Nationals)	2000 INR
Accompanying Person (Indian Nationals)	1000 INR
Student Delegates (Indian Nationals)	500 INR
Individual Delegate (Foreign Nationals)	\$ 200 US
Accompanying Person (Foreign Nationals)	\$ 100 US

Registration Payments

All the payments will be made in favour of "Amity University Rajasthan" through DD (payable at Jaipur) or Electronic Transfers

Bank Account No: 20221700036

Bank: Allahabad Bank

SWIFT/IFS Code: ALLA0210177

Address: Jaipur Mansion, Paanch Batti, M.I. Road Jaipur, Rajasthan, India.

Accommodation & Transportation

All communication regarding accommodation & transportation may be directed to Administrative Officer, Amity University Rajasthan.

Amity Institute of Behavioural & Allied Sciences

Amity University Rajasthan, Jaipur



Swami Jitmanand Ji Ram Krishna Mission along with Founder President-Dr. Ashok Chauhan & Other dignitaries during International Conference on Positive Psychology, 2010



Visit of American delegation to AUR Campus, 2010
Delegation Leader, Dr. Sallie E. Hildebrandt, Mr. Aseem Chauhan
Chancellor-AUR, Prof. Raj Singh, VC –AUR & Prof. S.S. Nathawat,
Director AIBAS

AIBAS – (Amity Institute of Behavioural & Allied Sciences) has been established to nurture qualified and professionally trained students in the area of Forensic Sciences, Rehabilitation, Health Psychology, Clinical Psychology and Anthropology by blending the modern teaching tools of the West with the rich traditional values, culture and heritage of the East. It runs both UG and PG courses in counselling Psychology along with RCI approved M.Phil. in Clinical Psychology (Professional course) and Ph.D. in Psychology . The department also publishes bi-annually Amity Journal of Applied Psychology.

Objectives of AIBAS

- Equip students to accept new challenges in the field of Clinical Psychology, Counselling Psychology, Rehabilitation Psychology, Organizational Behaviour and Forensic Science
- Train students to be successful practitioners, scientists and effective professionals by enhancing their knowledge and through practical industry interaction
- Instil in students basic qualities of dealing with people, understanding human behavioural patterns, motivation and provide them with techniques to be used in multi-dimensional environment
- Provide an extensive programme that is constantly updated in both context and structure
- Prepares trained Clinical Psychologists
- Establishment of Amity Mental Health Residential Centre is also in process

Amity University Rajasthan is a part of Amity – India's leading education group with 80,000 students, 2 Universities, 17 Schools & pre-schools, 150+ Institutions and Global Campuses in London, Singapore and San Francisco.

Ranked as Rajasthan's No. 1 University by Nielsen-ORG MARG, Amity University Rajasthan is spread over 150 acres with state-of-the-art facilities, 65 hi-tech labs, A/C classrooms, syndicate rooms, sports complex with horse riding academy and golf range. Providing a combination of the most modern infrastructure, experienced faculty and industry oriented curriculum; Amity University Rajasthan exemplifies the high level of quality education that Amity has come to be known for.