



Symposium:

**A forey in Positive Psychotherapy.  
A story on the road.**

**23 october 2009**

Hilton Hotel, Bucharest

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## **Objectives:**

- Promoting Positive Psychotherapy in Bucharest, Romania;
- 140 participants: psychologists, therapists , psychiatrists, students in training;
- 40 invites, representatives of Romanian Associations of Psychotherapy;
- 4 partners: Unirea Medical Centre, Trei Publishing House, Psychologies, Paginamedicală.ro



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## **Presentations**

We started our foray in Positive Psychotherapy through interactive and dynamic presentations:

- Gabriela Hum**: “...About Positive Psychotherapy in Romania”
- Manije Peseschkian**: “... About Positive Psychotherapy in the World’
- Nossrat Peseschkian**: “...About Positive Psychotherapy”

We followed the past and the present of Positive Psychotherapy, imagined the future and all this with stories, wisdoms, interaction and physical exercises;



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## **Book launch**

**After:**

Oriental stories as tools of psychotherapy, N.  
Peseschkian

Positive Psychotherapy: theory and practice, N.  
Peseschkian

**Came the turn of :**

**Psychotherapy of everyday life, N. Peseschkian  
to be launch in romanian language.**

We were helped by the presentation of mr. Vasile  
Dem. Zamfirescu, General Manager -Trei Publishing  
House;

Followed by lots of autographs ...



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## **Workshops**

•80 participants worked and gone deeply thorough three parallel workshops leaded by the trainers of the Romanian Positive Psychotherapy Association :

- The Actual Capacities in PPT – Gabriela Hum
- The Road of Therapeutic Relationship in PPT – Antonella Matei
- The Integrative Techniques in PPT – Liana Don



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**And the story will go on ....**