

ANKARA POZİTİF PSİKOTERAPİ MERKEZİ
ANKARA CENTRE FOR POSITIVE PSYCHOTHERAPY

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REPORT FROM BASIC TRAINING SEMINAR IN ANKARA
29, 30 OCTOBER - 1 NOVEMBER, 2009

Activities in Ankara Centre for Positive Psychotherapy are very much improving. Ankara has already a master course, which is going on and just started a new group in Basic Course. In the Basic Course, the total number of participants who have got the certificates with 30 hours were 9.

It was first module of training seminar on PP where participants learned basic concepts of Positive and Trans-cultural Psychotherapy, conflicts in positive psychotherapy and introduction in psychosomatics. The assistant trainer in seminar was Dr. Tuğba Sarı.

All of participants were graduates of psychology and psychological counseling departments of universities and one of them was with Ph.D working as lecturer in University of Kocaeli.

During the three days of seminar the participants had theoretical, group and individual works delivered from the trainer. Each day it was the case study done with one of the participants, which participants liked very much.

We have also informed the participants about the standards and criteria's of procedures in Basic and Master Course and spread the written information presented in power point.

As we understood from their feedbacks, participants seemed to be highly satisfied with the training, and all of them expressed wishes to continue with training.

The participants were informed that next second module of training seminar will be delivered by Dr. Tuğba Sarı on January 2010. In the end of this training seminar, all participants got their homework with questions regarding to the four areas.

In the end of seminar all participants received their certificates with 30 hours of training, group and individual work. The certificates were signed by trainer Mr.Sci. Enver Cesko and trainer assistant Dr. Tuğba Sarı.

Reported by

Mr. Sci. Enver Cesko, Trainer

Dr. Tugba Sari, Assistant trainer, Head of Ankara PP Center