

## Report from the Basic course of Positive Psychotherapy in China 01.03. – 16.03.2009



Dear friends and colleagues.

I just have returned from China where I continued 2 module of PPT basic course in Nanjing, and have started 1 module in Beijing. Ms. Melody Qu who is official representative of PPT in China accompanied me. She did wonderful translation work and supported me very well. From Beijing we flew to Nanjing which is the south capital of China in the province Jiangsu. There we had a group around 60 pedagogues in Nanjing Normal University. The first module of PPT took place in October 2008. Now these three days of 2nd module were also very productive and active.

The feedback from the participants was very warm and satisfying. Many participants expressed their real interest to the method of positive psychotherapy and desire to continue studying.

On 9 of March we have returned to Beijing. The first module has started on 13 of March with short open lecture in order to attract more people. It had good effect and more people entered the course. So, the first basic course in Beijing collected the group of 30 people. Most of them were medical doctors; others were counselors, few teachers and managers.

The training took place at the Beijing Olympic Psychological Hospital. About 7 counselors of this clinic became participants of the BC. The president of this clinic Mr. Ma also participated as an ordinary student.

Besides training we had some talks regarding future cooperation. Mr. Ma is thinking to make all work of the clinic based on method of PPT and is interested in deep education. The feedback from the participants was also very good. Many participants expressed their interest to the method of positive psychotherapy and desire to continue studying.

According to the plan, in May there will be another modules in Beijing and Nanjing conducted by Gabriella Hum, and in July by Arno Remmers.

Best regards,  
Maxim Goncharov