

Basic course and Management Training seminar 20 – 25 July 2010

Beijing, China

Trainer: Gabriela Hum

Organizer: Melody Qu, coordinator of IAPP China

General aspects

- In July in Beijing took place 2 events link with Positive Psychotherapy and organized by Melody Qu, the coordinator of IAPP China
 - The Management Training Seminar – organized for one day, in order to introduce the concepts of PPT for managers and business man who wants to develop themselves and their businesses
 - The 3rd Basic Course seminar for group no. 3 from Beijing, finalized with the exam for Consultants in Positive Psychotherapy

Management Training Seminar

- Around 40 participants attended the seminar, showing a high level of management and training abilities and understanding
- For one day we worked on how to apply Positive Psychotherapy in business, in training and in relationships with employees
- The link between Positive Psychotherapy and management was assessed as being enriching and envisioning
- All of them appreciated that the seminar brought a new vision about communication, solving conflicts, managing relationships



The 3rd seminar of Basic Cours in Positive Psychotherapy

- The 3rd Basic Course seminar was a wonderful one. 23 participants showed their understanding of Positive Psychotherapy and the way they use PPT concepts in their lives and their work
- We worked on:
 - Rules for psychotherapy and their importance for the client
 - The 3 stages of interaction
 - The 5 steps in PPT and specific techniques for each of them
 - WIPPF and how to use it in psychotherapy
 - Case studies
 - How to integrate PPT concepts for a case

The 3rd seminar of Basic Cours in Positive Psychotherapy

- At the end of the 4th day od seminar we organized the exam for the Basic course
- All participats passed it, showing a high level of understanding of PPT and its process and contents



