

## Report Training Seminar Master Course in Kyiv, Ukraine 05 - 03 December 2010

Consulting - Information Centre «POSITUM» in the period from 03 to 05 December 2010, organized another module Master Course " **Crisis intervention in Groups, Self Help Groups, Group Psychotherapy**»

. The seminar was trained by Master course Tatiana Kalashnik, co-trainer Svetlana Otenko. The group consisted of 10 participants. The first higher education participants - the humanistic sciences.



For 30 hours were considered theoretical issues:

- The history and techniques of group psychotherapy.
- Varieties of groups and their applications.
- Application of the Theory of Positive Psychotherapy in with the group.
- Group dynamics.
- Physiological and psychological crisis models
- Crisis intervention in five steps
- Application of psychotherapeutic skills in crisis intervention
- Coping with death and loss
- Grief and depression / Grief reactions and psychosomatic reactions
- Training groups, self help group theory, practical application and organization
- Differential indication for individual counseling, therapy, group therapy, family therapy in comparison concerning the scientific investigations
- Case studies / Local network preparation as part of the practical work / Feedback.

There were many practices and disclosure of personal members.



Participants appreciated the outcome of the module. He became their motivation to continue their studies at the Master course.



On behalf of the Consulting - Information Centre «POSITUM», director of the CIC "POZITUM" Svetlana Otenko - Coach Basic Course of Positive Psychotherapy.

December 7, 2010