

Report Training Seminar Master Course in Kyiv, Ukraine 11-13 February 2011

Master Trainer Course of Positive Psychotherapy
Tatiana Kalashnik

Co - Trainer Svetlana Otenko (Trainer Basic Course
of Positive Psychotherapy).

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Consulting - Information Centre «POSITUM» in the period from 11-13 February 2011, organized another module Master Course "**Applications of Ressource Orientated Counseling and Positive Psychotherapy in Therapy, Consultation, Education, Training and coaching** ».

The seminar was trainer of Master course Tatiana Kalashnik, co- trainer Svetlana Otenko (trainer Basic Course of Positive Psychotherapy).

The group consisted of 14 participants. The first higher education participants - the humanistic sciences

Participants of the different number of modules passed the Master course.

For 30 hours were considered theoretical issues:

- Targeting resources in a positive therapy.
- Teams and groups that use the skills orientation resource
- Five steps to resolve the conflict.
- Positive management / Conflict mediation
- Development of competences: Social, intercultural, existential, stress-coping, salutogenesis
- Communication techniques and rules of mediation and conflict resolution.
- Work-Life-Balance in different professional fields
- Positive psychotherapy in training and management
- Positive psychotherapy coaching:
 - - a holistic vision of man (balanced model);
 - - differential approach;
 - - reliance on the resources;
 - - the search for solutions;
 - - expansion objectives (awareness, responsibility, monitoring, concrete steps).
- Every day was carried out practical work with students in the mainstream of the seminar topics. We used the tools of art therapy, psychodrama, gestalt therapy.

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- **The students have high motivation to continue training to master the course.**

- **Director of Consulting - Information Center
«POSITUM»
Svitlana Otenko**

- **February 16, 2011 Ukraine, Kiev.**