

# Basic Training

## in Positive Psychotherapy

- **Participants:**

Must have an University degree (at least, at the bachelor level (B.A.) from social science, humanistic or medical field). Exceptions are possible according to national standards.

- **Duration (total of 200 hours):**

Several seminars with a total of 120 hours of training during a minimum period of 6 months, plus 40 hours homework and 40 hours intervision.

- **Certificate:**

For the Certificate as Basic Consultant: an oral colloquium conducted by the trainer at the end of last course. The colloquium is based on a written homework of minimum 5 pages (one's development in Positive Psychotherapy with self-reflection and based on the study of the recommended literature of Positive Psychotherapy). Regular participation at recommended group-work between the seminars. If a participant does not fulfill these requirements, he/she receives only a certificate of attendance.

- **Title:**

Basic Consultant of Positive Psychotherapy

- **Costs:**

The fee for the seminars is decided by the local organizer. The fee for the Certificate as Basic Consultant has been fixed by the World Association for Positive Psychotherapy.