

# Master Training

## in Positive Psychotherapy

- **Participants:**

Must have:

- 1) an University degree (at least, at the bachelor level (B.A.) from social science, humanistic or medical field). Exceptions are possible according to national standards.
- 2) a finished Basic Training in Positive Psychotherapy (200 hours)

- **Duration** (total of 885 hours):

- 300 hours of theory seminars in a minimum time of 2 years.
- 100 hours of self discovery (group and/or individual).
- 150 hours of practical work with at least 5 individual cases with 35 hours of regular supervision.
- 240 hours of homework with literature of Positive Psychotherapy and other modalities.
- 60 hours of regular intervision group

- **Certificate:**

- 1) Oral test with a commission of at least 2 examiner.
- 2) Final thesis with at least 20 pages on a theoretical or applied topic.
- 3) Case documentation of at least 5 pages per case.

- **Title:**

Certified Positive Psychotherapist

- **Costs:**

The fee for the training is decided by the local organizer. The fee for the Certificate has been fixed by the World Association for Positive Psychotherapy.